

ACTIVITY REPORT

Name of the event: Webinar

Topic: Be An Unconditional Listener

Invited speaker: Dr. Gouranga Mitra Department of Applied Psychology, The Neotia University

Date: 29th June ,2020

Time: 3.00 PM TO 4.00 PM

Webinar Platform: zoom cloud meeting platform

Organized By: Department of Psychology in coordination with IQAC, Surendranath College

Participation: Internal college students with students from outside colleges, faculty members of Surendranath and other outside colleges

Number of Participants: 100 approx.

Summary: This webinar arranged by the Department of Psychology, Surendranath College in coordination with I.Q.A.C. As its name implies, this webinar helps to build up an essential quality, that is, 'Unconditional Listening'. Participants are made aware to inculcate a significant soft skill, so that their mere listening may become active and unbiased. A listening which is influenced by any prior assumption or conditional reasoning may colour our decoding system or information processing system and finally may land up in a biased inference. We, teachers of the department, are glad to convey this essential message to our students as well as participants of the webinar.

You Tube Link:

Event Flyer: drive.google.com/file/d/1klHFxFt_RkP72WOkooH_r145DT_PtU36/view?usp=sharing

Sample Certificate:

https://drive.google.com/file/d/16XBeYIcEP325CYg6vIB-FZ_yrAK8eFvS/view?usp=sharing

Name of the event: Webinar

Topic: "Bio-Psycho-Spiritual Disciplining: The Key to well-being in the New Normal"

Invited speaker: Dr. Manisha Dasgupta, assistant Professor, University of Calcutta

Date: 17th June ,2020

Time: 4.00 PM TO 5.30 PM

Webinar Platform: zoom cloud meeting platform

Organized By: Department of Psychology in coordination with IQAC, Surendranath College

Participation: internal college students with students from outside colleges, faculty members of Surendranath and other outside colleges

Number of Participants: 500 approx.

Summary: This webinar arranged by the Department of Psychology, Surendranath College in coordination with I.Q.A.C. Through this webinar, Dr. Manisha Dasgupta, assistant Professor, University of Calcutta, had enlightened our students, faculty members and other participants about the 'Key to Wellbeing in the New-Normal' era of COVID-19 pandemic. Three significant aspects were covered, namely, biological, psychological and spiritual to cope with this pandemic. These three domains together prepare us to build up coping strategies to deal with the stress and death anxiety in an effective manner. It also helps to restore our self-reliance under such severe conditions.

YouTube Link:

youtu.be/3WszHMy1Tpl

Event Flyer:

drive.google.com/file/d/18JxkbYvzRCXIIUxmAatzML-hM_vrZ_rH/view?usp=sharing

Sample Certificate:

<https://drive.google.com/file/d/1Ke1A50bZcm4gJRBgtJ4VxxEQzWaTXi7k/view?usp=sharing>

Name of the event: Students' Webinar

Topic: Students' Webinar organized by semester-II

Invited speaker: Students of Semester -II (tanusree saha, torsha chakraborty, pratikha bose, neha khera)

Date: 15th July 2021

Time: 3.00 pm to 4.00 pm

Webinar Platform: zoom cloud meeting platform

Organized By: Department of Psychology in coordination with IQAC, Surendranath College

Participation: All Semester students and faculty members of the department of Psychology

Number of Participants: 100 approx.

Summary: Department of Psychology, Surendranath College in coordination with I.Q.A.C. arranged a Students' Webinar organized by Semester- II students based on topics of their UG Syllabus. Teachers of the department helped each student of Semester -II to prepare a PowerPoint Presentation from their syllabus. Four students were selected and presented their topics individually through P.P.T. A session was arranged for panel discussion after each presentation. Through such webinars students not only acquire important skills to prepare and present their topics, but it also helps them to assimilate their theoretical knowledge with practical field.

YouTube Link:

youtu.be/LFwlhrZ7RZM

Event Flyer:

drive.google.com/file/d/1_L558bX-BbhnmxB6POqx1dzA7bROeRg5/view?usp=sharing

Sample Certificate:

<https://drive.google.com/file/d/1pyzjUo0sQ5jlYUXqQDDWe6Pkap0ZnSXA/view?usp=sharing>

DETAILED DESCRIPTIONS ABOUT THE STUDENTS PARTICIPATED

TORSHA CHAKRABORTY

College id: SNC200668

Email id: torsha06chakraborty@gmail.com

Phone number: 9330898162

Topic Presented: Perspectives on personality: Freud's Psychodynamic Theory

PRATIKHA BOSE

College id: SNC20136

Email id: pratikhabose255@gmail.com

Phone number: 9883317497

Topic Presented: Peripheral Nervous System

NEHA KHARA

College id: SNC201319

Email id: nehakhara3@gmail.com

Phone number: 8240358298

Topic Presented: Two Factors Theory of Intelligence

TANUSREE SAHA

College id: SNC200686

Email id: tanusree1508@gmail.com

Phone number: 9330419072

Topic Presented: Cognitive & Group Factories Theory of Intelligence

SUBRATA MONDAL (HOST 1)

College id: SNC200682

Email id: ashamondal105@gmail.com

Phone number: 877724245

ARPITA JODDER (HOST 2)

College id: SNC201324

Email id: jodderarpita149@gmail.com

Phone number: 8697996911

Name of the event: Students' Webinar

Topic: Students' Webinar organized by semester-IV
(Understanding Abnormality, Applied social psychology to the environment, Applied Social Psychology to the Environment & Effects and Management of Stress)

Invited speaker: Students of Semester -IV (Esha Nag, Emilie Das, Swagata Chattopadhyay & Madhabi Ghorai)

Date: 19th July 2021

Time: 12 noon to 1.00 pm

Webinar Platform: zoom cloud meeting platform

Organized By: Department of Psychology in coordination with IQAC, Surendranath College

Participation: All Semester students and faculty members of the department of Psychology

Number of Participants: 110 approx.

Summary: Department of Psychology, Surendranath College in coordination with I.Q.A.C. also arranged a Students' Webinar organized by Semester- IV students. They have selected important topics from their UG Syllabus. Teachers of the department helped each student of Semester -IV to prepare a PowerPoint Presentation from their syllabus. Four students were selected and presented their topics individually through PPT. A session was arranged for panel discussion after each presentation. Through such webinars students not only acquire important skills to prepare and present their topics, but it also helps them to assimilate their theoretical knowledge with the practical field.

YouTube Link:

youtu.be/vhY6UjTkRdU

Event Flyer:

drive.google.com/file/d/1TncoybdoFI8gF5M9N-U-j7nvNxUUzAVt/view?usp=sharing

Sample Certificate:

<https://drive.google.com/file/d/1IGA0vqe2LRH7i3yWKe7dZhjHkGVmi0uN/view?usp=sharing>

DETAILED DESCRIPTIONS ABOUT THE STUDENTS PARTICIPATED

SWAGATA CHATTOPADHYAY

College id: SNC191839

Email id: swagatachattapadhyay0301@gmail.com

Phone number: 8240388572

Topic Presented: INTRODUCTION TO STRESS, IT'S TYPES, SYMPTOMS AND CAUSES

ESHA NAG

College id: SNC190529

Email id: eshanag1223@gmail.com

Phone number: 8444971501

Topic Presented: UNDERSTANDING ABNORMALITY

EMILIE DAS

College id: SNC191001

Email id: emiliedas2219@gmail.com

Phone number: 6294812505

Topic Presented: APPLIED SOCIAL PSYCHOLOGY TO THE ENVIRONMENT

MADHABI GHORAI

College id: SNC190997

Email id: ghoraimadhabi13@gmail.com

Phone number: 7044939669

Topic Presented: EFFECTS AND MANAGEMENT OF STRESS

SRIJITA DAS (HOST)

College id: SNC191444

Email id: srijitadas12112001@gmail.com Phone number: 8777032921

Name of the event: Students' Webinar

Topic: Students' Webinar organized by semester-VI- "DEEPER INTO CURIOSITIES"

Invited speaker: Students of Semester - VI (SENJUTI BANERJEE & ROHIT ROY)

Date: 23rd July 2021

Time: 12.30 pm to 1.30 pm

Webinar Platform: zoom cloud meeting platform

Organized By: Department of Psychology in coordination with IQAC, Surendranath College

Participation: All Semester students and faculty members of the department of Psychology

Number of Participants: 110 approx.

Summary: Department of Psychology, Surendranath College in coordination with I.Q.A.C. also arranged a Students' Webinar organized by Semester- VI students. They have selected important topics outside their UG Syllabus under the title of 'Deeper into Curiosities'. Two semester-VI students based on their class performance were selected for this presentation. Two significant topics, such as, 'Deja Vu: An illusory recognition' and 'Poly-Amorous and Mono-Amorous Connection: Interpersonal Relationship' were explored through this webinar.

YouTube Link:

[Deeper into curiosities - A Student's Webinar organized by Semester 6, Dept Of Psychology, SNC](#)

Event Flyer:

[drive.google.com/file/d/18iBQ6MfPLZFoRAvnZx2BOP_GCT6OvZTo/view?usp=sharing](#)

Sample Certificate:

[https://drive.google.com/file/d/1PyVCso6pRrCMejNEzk-HOynbcA1EXegS/view?usp=sharing](#)

DETAILED DESCRIPTIONS ABOUT THE STUDENTS PARTICIPATED

SENJUTI BANERJEE

College id: SNC180111

Email id: senjutibanerjee2@gmail.com

Phone number: 7908447479 (call) & 9475103288 (whatsapp)

Topic Presented: Déjà vu: An illusory precognition

ROHIT ROY

College id: SNC180112

Email id: rohitroynmcn1800@gmail.com

Phone number: 6291017706

Topic Presented: "Poly-amorous & mono-amorous connection: interpersonal relationships"

HIMADRI DAS (HOST 1)

College id: SNC180860

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Phone number: 8486416653 (Whatsapp) & 7002377203 (call)

OINDRILA NANDI (HOST 2)

College id: SNC182032

Email id: oindrilanandi0517@gmail.com

Phone number: 9123673238

WEBINAR FOR STUDENTS

Surendranath College
Department of Psychology



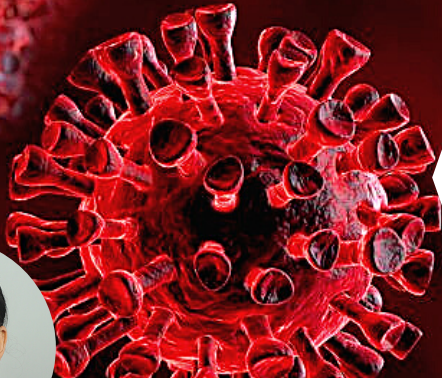
Topic: Be An Unconditional Listener



Resource Person
Dr. Gouranga Mitra
Department of Applied Psychology
The Neotia University

Date: 29/06/2020
Time: 3.00m- 4.00 p.m.

"Bio-Psycho-Spiritual Disciplining: The Key to Well-being in the New-Normal"



Dr. Manisha Dasgupta

Associate Professor,
Department of Psychology,
University College of Science,
Technology and Agriculture,
University of Calcutta

DATE June 17, 2020
TIME 4 PM - 5:30 PM
CONTACT sncwebinar@gmail.com
PLATFORM Zoom cloud meeting
REGISTRATION

<https://forms.gle/Gxg9Aph5HsXRUSYR8>

Registration is free but mandatory

Zoom link and E-certificate will be sent to the registered Email address of the participant

RIDE THE TIDE OF COVID WITH A RAY OF HOPE
A WEBINAR SERIES | WEBINAR 03 | 17 JUNE 2020

Organised by
IQAC

in association with
Department of Psychology

Surendranath College, 24/2 M.G. Road, Kol - 9





STUDENT WEBINAR -2021

15th July

3:00PM- 4:00PM

ORGANIZED BY
DEPARTMENT OF PSYCHOLOGY
SURENDRANATH COLLEGE

SPEAKERS: SEMESTER 2 PSYCHOLOGY HONORS STUDENTS



Tanusree Saha



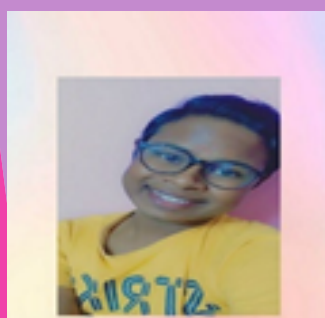
Torsha Chakraborty



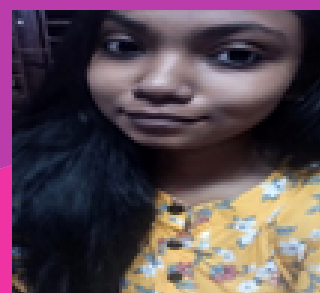
Pratikha Bose



Neha Khara



HOSTS:
Subrata Mondal
Arpita Jodder



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SURENDRANATH COLLEGE
24/2 M.G. Road, Kolkata 700009

RIDE THE TIDE OF COVID WITH A RAY OF HOPE A WEBINAR SERIES

WEBINAR 03: "Bio-Psycho-Spiritual Disciplining: The Key to Well-being in the New-Normal"

**Organized by
IQAC**

**in association with Department of Psychology,
Surenthranath College, 24/2 M.G.Road, Kolkata 700009**

CERTIFICATE OF APPRECIATION

This certificate is presented to Dr. Manisha Dasgupta for the precious and declamatory presentation on June 17th, 2020 in Webinar 03 of the Webinar Series (from June 15th to 18th, 2020) "RIDE THE TIDE OF COVID WITH A RAY OF HOPE" organized by IQAC, Surenthranath College. We sincerely appreciate her cordial presence in our Webinar platform.

Dr. Suchandra Chatterjee
IQAC, Co-ordinator



Dr. Indranil Kar
Principal