

What is Psychology?

- The scientific study of **behavior and mental processes**
 - *since it is a science, all research in psychology is based on the scientific method*
- Originated from the fields of **biology** and **philosophy**



- Psychiatrists **CAN** prescribe medication; psychologists **CANNOT**
 - *since the early 2000s, some states have begun allowing psychologists to prescribe mental-health-related drugs, but this is relatively rare*



What is Psychology?

The scientific definition of Psychology:

Psychology is the scientific study of behavior and mental processes.

■ **Why study Psychology?**

The study will give you new ways to look at and interpret your world and the people who inhabit it.

What is Psychology?

- Psychologists study behaviour...what people do and why they do it.
- Behaviour is everything and anything we do.
- Psychology is a science. We observe, we explain, we test.
- Psychology does not just look at theories and suggestion – Psychology uses scientific methods, mathematical principles and lots of literacy skills.

DEFINITION OF PSYCHOLOGY

The word "psychology" comes from the Greek word psyche meaning "breath, spirit, soul", and the Greek word logia meaning the study of something.

Thus we can conclude that psychology is the study of soul.

There are various definitions for psychology given by the variety of authors which are-

* "study of mind"

"descriptions and explanations of state of consciousness"

"William James"

* "study of consciousness" *"Wilhelm Wundt "*

* "positive science of the conduct of the living creature"

"William McDougall"

* " psychology is the science which aims to give us better understanding and control of the behavior of the organism as a whole"

"William McDougall"